



AMEN NEWS

Alumni Mothers Extended Network

NOVEMBER 2022

Dear AMEN Sisters,

November means Thanksgiving when we pause on what we are thankful for. Gertrude Stein put it well, "Silent gratitude isn't much good to anyone." Here's my profound gratitude for Amen members who lovingly serve with their hands and hearts.

The Fall Dinner was fantastic! Thanks to Maria and Gigi who planned a lovely evening with a delicious dinner, fine wine, and space to chat with friends. Everyone was smiling, laughing and chatting incessantly. A good sign of a successful gathering! Thanks to the Gardening interest group for the stunning table centerpieces. Thanks to our Merchandise Chairs for another darling pop up shop. Thanks to the interest groups who donated beautiful raffle baskets. Thank you all for a night to remember!

Interest Groups are meeting, and it's never too late to join one. Thanks to Lenore and Kathy for making sign ups easier. Finding a group to join with a common interest is fun, enriching and builds a sense of belonging which Amen is all about.

Blessings as we move into the busy holiday season. We hope that you can take time to pause, enjoy time with family and friends, and be grateful for the gifts received daily.

GO BELLS!

Sarah Bonini

AMEN Steering Committee Chair

Thirsty Thursday TOMORROW 11/3!

Don't miss out on Thirsty Thursday at Gali Vineyards tasting room in downtown Los Gatos.

Come join us!



AMEN raises funds through membership donations, the Fall and Spring Dinners, and purchases from our online store. Donations to The Angel Fund support students who need assistance through the Magis Scholar Program. Become a Member Today to be a part of this amazing group!

Events

Christmas at Filoli



Join the AMEN Gardening Group at Filoli this Christmas season! On Thursday, December 1, the Gardening Group will gather at 4 pm at Filoli to tour the magnificent mansion followed by strolling the gardens adorned in Christmas lights! It truly is a magical experience!

Filoli serves hot chocolate and wintery drinks in the upper garden, which can be enjoyed around cozy fire pits. There is always shopping in the Clock Tower Boutique. And the group will finally gather in the Café to have a light dinner together. Please email Lisa Christensen at lisa95008@gmail.com if you would like to join the group. Lisa is reserving 15 tickets for the first members to reply. The cost is \$36.00 per person. After, members will need to acquire their own tickets to this event. Lisa will except Venmo payment.



2022 Fall dinner attendees enjoy socializing before dinner

DATE	AMEN EVENT	CONTACT
Thursday Nov. 3 4:30 PM	Thirsty Thursday Gali Vineyards Tasting Room 21 W. Main Street, Los Gatos	<u>Catherine Agelson</u> <u>Audrey Redmond</u>
Sunday Nov. 13 11 AM	Baking Group event	<u>Donna Gallo</u> <u>Bev Bonovich</u>
Thursday Dec. 1 4 PM	Christmas at Filoli	<u>Lisa Christensen</u>
Wed. Dec. 7 9 AM	Golf Group Pruneridge Golf Course Santa Clara	<u>Catherine Christofferson</u>

Interest Groups

Gardening Group workday and donation to AMEN's Fall Dinner



In October, fourteen Gardening Group volunteers gathered to create succulent pumpkins for the upcoming AMEN Fall Dinner held at Bellarmine. Trader Joe's in Campbell generously donated twelve large Cinderella pumpkins.

With a large community donation of succulent cuttings, as well as moss, branches, pinecones, pomegranates, and seedpods, the volunteers created beautiful and unique table centerpieces for the event, which were raffled off. After the summer months away from AMEN, the volunteers thoroughly enjoyed being back together with friends. *Thank you ladies for all the succulent donations and for volunteering for this event!*



The baking group gathers for a festive fall event.

Baking Group

The theme this year for the Baking Group is "Plant-based Baking." We will be focusing on Sweet and Savory plant-based goods. We kicked off the year in Donna Gallo's beautiful kitchen with 25 women at a pumpkin event. We learned about the various types of pumpkins for baking and their health benefits. We then made delicious pumpkin smoothies, pumpkin hummus, pumpkin muffins, and pumpkin overnight oats. Donna made a beautiful fall themed lunch for all to enjoy. It was a festive day with so much chatter and laughter!

Here's what we have planned for the rest of 2022-2023:

- Sunday, November 13th at 11:00AM - Nuts
- Sunday, December 11th at 11:00AM - Ginger
- Sunday, January 15th at 11:00AM - Power-bars
- Sunday, February 12th at 11:00AM Chocolate
- Friday, March 10th at 10:00AM service project -Baking for AMEN's spiritual retreat
- Sunday, April 29th - Plant-based foodie tour.

To join the baking group please email Donna Gallo at donna@thegallofamily.com. All baking levels are welcome!

AMEN Retreat March 11, 2023

The AMEN one day retreat will be held on Saturday, March 11th, 2023 at Santa Clara University in the Alumni Center. Please mark your calendars for a day to reflect and enjoy some Spiritual Time as Spring approaches! More details and registration information will be in this newsletter as the day becomes closer. We hope to see you there!



Hiking Group going strong!

Do you enjoy hiking? Please join the AMEN Hiking Group for a healthy and social hike in one of the many Santa Clara County Parks. We hike weekly and year-round at Coyote Valley, Almaden Quicksilver, Calero, Rancho San Antonio, Bel Gatos, Bear Creek, and others locations, including occasionally at the beach in Santa Cruz. We hike 4-5 miles on moderately difficult trails. Please join us! Email Teresa Giovanzana at teresagiovanzana@comcast.net to have your email added to her list of hikers.

2022 Fall Dinner

Thanks to the nearly 75 Bell moms who joined the Fall dinner fun and made it a memorable evening for all!





On October 8, 2022, the 68th annual Bellarmine Mother's Guild Fashion Show was held on campus --- all in support of Bellarmine's Direct Tuition Assistance Fund and the Mothers' Guild Tuition Assistance Endowment. Many thanks to the Fashion Show Committee, all participants, volunteers, sponsors, and underwriters.

68th Annual Bellarmine Mothers' Guild Fashion Show - YouTube

**Get Involved!
Interest Groups**

Hiking? Baking? Reading? We've created an easy way to express that you want to get involved in an Interest Group. Just scan the QR code on your phone, and it will direct you to a form to complete! Your information will be shared to the Interest Group chair and she will reach out about joining the group. Contact [Kathy Armistead-Interest Group Chair](#) for more info!



AMEN Interest Groups Sign Up
docs.google.com

Monthly Merchandise Special



Bellarmino Wine Caddy and Four Stemless Wine Glasses for \$50.00

Online order form. Items can be picked up at the reception of Mathewson Hall at Bellarmine campus. Please contact [Sandra McSweeney](#) or [Cindy Santos](#) with any questions.

Virtual Connections

[AMEN Website](#)

[Interest Groups](#)

[Membership](#)

[Steering Committee](#)

[The Angel Fund](#)

[News & Events](#)

[Merchandising](#)