

## Isolation and Quarantine Guidelines

Santa Clara County has adopted a 5-day Isolation period for those that have tested positive for COVID-19 in the K-12 school setting.

Santa Clara County does not recommend any PCR test for 90 days after COVID-19 infection.

### Bellarmine Return to School Guidelines for COVID-19

If your son has tested positive, please follow the guidance below for return to school:

1. Isolate for 5 days regardless of symptoms.
  
2. Your 5-day isolation is based on whether you have symptoms or not.
  - a. The first day of symptoms is considered Day 0
  - b. The + test date is considered Day 0 for those that are asymptomatic
  - c. From there you count 5 days to understand your isolation length
  - d. Finally, you may return to school on or after Day 5 with a negative test and no symptoms.

If your son is considered a close contact to COVID-19, please follow the guidance below for return to school:

1. Regardless of Vaccination status.
  - a. You may attend school.
  - b. Test between Day 3- Day 5 from exposure
  - c. Test immediately if symptoms develop anytime
  - d. Report to the school if you test positive
  - e. You may attend co-curricular activities if you participate in the above testing cadence
  - f. You may choose a 10-day quarantine for both scenarios above if you do not want to test at all.