



AMEN NEWS

Connections

Letter from the AMEN Chair

JULIE HUGHES

Happy New Year to all you fellow Angels!!

I hope your holiday season was filled with *love, laughter and everything wonderful!*

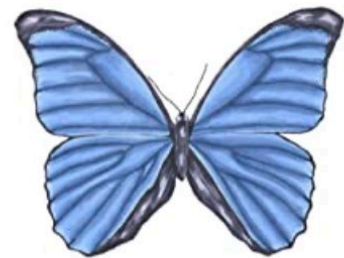
As we embark on 2022, I wish you all a year of good health and I am hopeful that we will be able to resume our lives full steam ahead soon. In such an extraordinary year, the extraordinary friendships we have made through AMEN made such a heartfelt difference. Cheers to new beginnings in 2022 and all the best to each of you as we continue to create AMEN memories, spread love and cheer throughout our community and celebrate one another!

Happy New Year

Julie Hughes
AMEN Chair 2021-2022

I look forward to seeing everyone soon - and in the meantime.... a few funny quotes from the late Betty White.

It's your outlook on life that counts. If you take yourself lightly and don't take yourself too seriously, pretty soon you can find the humor in our everyday lives. And sometimes it can be a lifesaver.



**Butterflies are
like women,
we may look
pretty and delicate,
but baby, we can fly
through a hurricane.**

Betty White

Spirituality and Wellness

Happy New Year!

We have a few spirituality opportunities to share with the AMEN group. All events are coordinated by Santa Clara University but open to all Jesuit communities.

- 1) Take time to meditate with the Ignatian Examen prayer with Fr. Jack Treacy '77. Fr. Jack Treacy '77, Santa Clara University Relations Chaplain will lead us in this monthly offering to meditate with the traditional Ignatian Examen prayer. Registration is free.

[Click Here to Register >>](#)

- 2) Take time to find the Sabbath moments in your lives as busy women and mothers. Take time to rest, reflect, and leave rejuvenated during this weekend retreat. Spend time connecting with others, enjoying the beautiful nature at the retreat center, praying, and learning ways to bring these moments back to your busy lives. The retreat will be facilitated by **Sarah Bonini, J.D. '93, M.A. '21**. [Register Here>>>](#)

- 3) Join SCU Alumna Katie Mahon, author of The Miracles Collectors, as she shares ways to see God's presence in our lives through our personal miracle experiences. In the barrage of world troubles and personal challenges that confront us every day, it's important to take some time to reflect on where God is present in our own lives and how to recognize the miracle of God's embrace in the gifts available to each one of us. Please join us for a day to discover where miracles can be found in your own life and how shifting your focus can change the way you see the world.



Katie Mahon, is the co-author of two books, The Miracle Chase and The Miracles Collectors.

[Click Here to Register >>](#) \$25 per person

Upcoming Events From AMEN Social Circles

Pickleball 2022

AMEN's Social Circle, Pickleball, has provided tons of laughs, new friendships, new beginners, advanced players honing skills, who knows what 2022 has in store for us!

The group will continue to meet at 3:00pm at [Willow Glen Middle School](#) on the 2nd and 4th Wednesdays of the month.

Dates in January: Weds. Jan. 12th and Weds. 26th.

All are welcome!

Contact: [Kathy Armistead](#)



As much as I miss toasting with all of you, we are going to hit pause on meeting this month and will resume on **Wednesday, February 9th.**

Toasts to our AMEN friendships will start at 5pm.

Location: **LOS GATOS**

Rootstock Wine Bar
217 North Santa Cruz Avenue
Los Gatos, CA
(408) 354-7668

<https://www.rootstockwinebar.com/>

Any questions, contact Julie Hughes at julievhughes@gmail.com