



AMEN NEWS

CONNECTIONS

Happy Summer! The **Alumni Mothers Extension Network** or A.M.E.N. Board members have been hard at work in a couple of key areas to launch our membership drive on July 1st with an updated website and to produce a direct marketing campaign. We are also happy to report on a few new initiatives and excited to keep moving forward on new **CONNECTIONS**.

First and foremost, A.M.E.N is changing the name of "**Interest Groups**" to "**Social Circles**". The change is a reflection of the social nature of our organization and that our focus is fostering friendships and fellowships that bring us full circle back to Bellarmine. Once we know what the rules of the road are in the fall for in-person gatherings, we will ask the **Social Circle** leaders for suggestions on how they will adapt what they do.

We will no longer have a mandatory fee of \$25 to join A.M.E.N.! It's a **free membership** with a suggested donation. Membership opened on July 1st! You still need to register to become a member even if there is no longer a fee. We want to encourage our members to rejoin and to bring friends. This is more important than ever.

Our Membership Chair Lisa Christensen, with the help of Fundraising Co-Chair/Chair-Elect Julie Hughes have produced our first direct marketing piece, a custom-designed **bookmark** (pictured on the right) and letter. It will be mailed to four key demographics, the moms of 2020 grads, moms of Bell grads from the 2018-2019 classes and our current members too. Look for it. The **bookmark mailing** is a good example of how we are adapting to how we **connect** with each other; it's in lieu of what we would have done at the installation brunch.

As you visit our page on the Bell site, you will notice some board positions have new names. The women leading the fall and spring dinners are the **Celebration Chairs** as these events will be evolving. The retreat position is now **Spirituality and Wellness**, we hope to add to our traditional retreat in the spring and include wellness modules such as meditation, yoga, hiking and nutrition. Last spring the webmaster position became **Communications Chair** a more apt description of this role.

Introducing the AMEN Bookmark

There are several fun Social Circles to join! Consider trying something new that you have always wanted to experience or start a new circle.



Social Circles:

- + Baking Group
- + Book Club
- + College Mentoring Moms
- + Community Volunteering
- + Events Group
- + Gardening Group
- + Globelles Group
- + Golf Group
- + Gourmet Cooking Group
- + Hiking Group
- + Knitting Group
- + Movies Group
- + Spirituality Group
- + Supper Club
- + Wine and Food Group

[Click Here](#)
To Join AMEN

CONNECTIONS - *continued*

Lastly, I want to introduce The Angel Fund. During the height of lockdown, I contemplated how A.M.E.N. might step up to meet some needs of the Bell community as school opens. I thought that A.M.E.N. could step in with a program that we could call our own, similar to the BMG Compassion Fund. The Angel Fund is still in development, we aim to build it through our membership donations, sales of logo items and eventually generate profit from events. The idea is that when there is need, we will have Target or grocery gift cards to help. It's in addition to what we do already. There will be more on The Angel Fund in the future.

I wanted you to know that the Alumni Mothers Extension Network is working this summer to stay current and CONNECTED to you. I can't wait to see you soon.

Thanks and Go Bells! Betsy

Dr. Rennie


LOVING KINDNESS MEDITATION

- MAY I BE HAPPY
- May I be free of physical pain and suffering.
- May I be healthy and strong.
- May I be able to live in this world happily, peacefully, joyfully, with ease.


#LoveIsMedicine



Alumni Mothers
Extended Network



AMEN is dedicated to carrying on the tradition of men and women for others, and provides a variety of social, spiritual and service activities to mutually benefit its members and the Bellarmine community.



No meetings, just fun!
More information at
bcp.org/AMEN
Join now!

*Continue down the path
of nourishing and
flourishing old and new
friendships with us.*

THE AMEN NEWSLETTER SCHEDULE

SUBMISSIONS DEADLINE	POSTED ON AMEN WEBSITE
WEDNESDAY, JULY 29TH	MONDAY, AUGUST 3RD
WEDNESDAY, AUGUST 26TH	TUESDAY, SEPTEMBER 1ST
WEDNESDAY, SEPTEMBER 23RD	THURSDAY, OCTOBER 1ST
WEDNESDAY, OCTOBER 28TH	MONDAY, NOVEMBER 2ND
FRIDAY, NOVEMBER 20TH	TUESDAY, DECEMBER 1ST

Summer Updates from AMEN Social Circles

The AMEN Golf Group

The AMEN golf group has played their first round of golf and hoping to get some more in this summer. Currently they meet the first Wednesday of each month and play 9 holes usually at Pruneridge golf course. The group is going to play more and would consider 18 holes if there is any interest!

Please contact: Catherine Christofferson



Wine Wednesday

ZOOM Wine Wednesday! The second Wednesday of each month. Please join us for an AMEN gathering on ZOOM! Open to all! Next ZOOM Wine Wednesday will be 5:00 pm, August 12th!

Please contact: [Betsy Noonan](#)

AMEN Knitting Group a.k.a AMEN Sourdough Bakers!

The AMEN Knitting group has been meeting weekly via a Zoom account set up by Kathy Pompili. There are usually five gals who join in, but they rarely seem to do any knitting! The medium doesn't seem to be conducive to group knitting, because it requires one to stare at a screen to see the other faces. It's just different than knitting together in a room.

Instead of knitting, coping with Covid was the predominate topic until everyone started sourdough baking (like everyone else who is sheltering at home)! They are baking so much, they can rename their group to "AMEN Sourdough Bakers"! Kathy shared her starter with three of the other gals. Despite the flour shortages, they've shared locations where flour has been located and one gal ordered a 25lb bag of bread flour and rye flour online (really hard to source) that they have shared.



Globelles



Globelles is centered on travel talk and travel related information. In early March, with all the ominous signs of the changes to both domestic and international travel, the Globelles decided that they would not gather in person for the foreseeable future. Instead, they have used their mailing list as a forum to share information and ask travel centered questions amongst themselves. With travel limitations in place throughout the summer, it is likely that the group will continue to share travel information for trips they dream about taking when this pandemic is behind us.

Daytime Movies - TBA

There are no plans for the Daytime movie group through the end of summer to attend a movie in a theatre. Cinemark, owner of CineArts, Santana Row, is starting a test opening June 19 in Texas and expects all theaters nationwide to open July 10. The group will watch how the openings around the country go before deciding when to return to the theatre. When they do return, they may opt to take out lunch and eat in one of the park areas and sit apart in the theater in order to social distance.

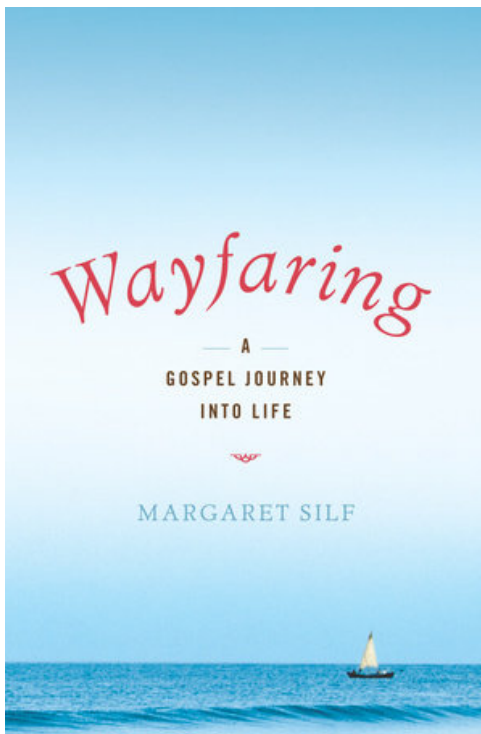


The Bell Babes Book Group

The Bell Babes Book Group has been Zooming! They have stepped up their monthly meetings to every 2 weeks to connect on Zoom and chat. They have found that gathering to chat has helped their mental states as everyone shelters in place, talking about ways the virus spreads, which grocery stores have the shortest lines, how to meditate, new projects that individuals are undertaking and updates on Second Harvest and the impact at our local hospitals. They will continue to Zoom their way through the summer by helping each other to stay healthy and sane.

Women at the Well

Women at the Well has been meeting weekly on Zoom on Fridays from 8:30 - 9:45. They are discussing Margaret Silf's book *Wayfaring* which explores different aspects of Ignatian Spirituality. This is their second Margaret Silf book. The group likes that she often brings in a woman's perspective of spirituality. A smaller group has also been meeting throughout the shelter in place on Thursday mornings and are doing St. Ignatius' spiritual exercises with Kevin O'Brien's *Ignatian Adventure*. This is an 8 month retreat - truly an adventure!



Please visit the [AMEN Website](#)

You may view the [Social Circles Here!](#)