

# Alumni Mothers Extended Network (AMEN) FEBRUARY 2020 NEWSLETTER

#### **AMEN NEWS**

# **Come Experience Springtime in Paris!**

Ooh La La!! Join AMEN for a Springtime Fling!

We look forward to seeing you at the AMEN Spring Dinner!

Date: Wednesday, April 29, 2020

**Location: Liccardo Center** 

Social at 5:30 pm Dinner at 6:30 pm

Relax, make new friends and reconnect with old. Enjoy yummy appetizers, premium wine, dinner and dessert

Registration and details to follow.

For questions and more information contact:

Rouchand Bush or Chrissy Brinck



#### Upcoming Events

Date	Event	Contact or Webpage
Feb. 5th	First week of the Month AMEN GOLF at Pruneridge Golf Course 10:00am	<u>Catherine Christofferson</u>
Feb. 10th	Day Time Movie Group -Contact Pat Gray to be added to the email list.	Pat Gray
Feb. 11th	Evening Movie Group-Dinner and Movie TBD	Amy Tashjian
Feb. 12th	Wine Wednesday - 5:00pm <u>Twenty/20 Cheese Bar</u> In Willow Glen	Betsy Noonen
Mar. 28th	Summer Vegetable & Flower Seed Planting Workshop 10am - 12pm	<u>Lisa Christensen</u>

#### **NEW AMEN APRON**

**AMEN Fund Raising** 

#### Calling all chefs, artists, gardeners, and apron lovers!

Add to your apron stash with the all-new AMEN apron. The apron is navy blue, with the AMEN logo embroidered on the front with the words, "Love is the Secret Ingredient." The apron has 3 front pockets.



**COST: \$35.00** 

To purchase the apron contact Julie Hughes, AMEN Fund Raising Co-Chair at: <a href="mailto:julievhughes@gmail.com">julievhughes@gmail.com</a>



# AMEN 2020 Retreat - Traveling on an Epiphany Journey Together!

On January 11th, 2020, a group of AMEN members gathered at the Dominican Sisters' Motherhouse in Fremont to participate in this year's AMEN retreat. The members were led by Sr. Rebecca Shinas, OP, who expressed the message that each one of us is a manifestation of love, demonstrated through her inspiring stories, her sacred songs, and her spiritual paintings. She spoke about the many transitions we face in life, especially as mothers,



and presented ways we can journey with God during these experiences. In addition, two women shared genuine stories of unexpected transitions they confronted and how they moved from feelings of uncertainty to a state of acceptance and renewal. Sr. Rebecca also introduced the group to the acronym **C.H.A.N.G.E.**, which represents "A Chance to **Have A New God Experience.**" The retreat was a wonderful opportunity to encounter **C.H.A.N.G.E.** first hand, to join in fellowship with other moms and to begin the New Year with a stronger connection to the AMEN community! The AMEN members are very grateful to Retreat Co-chairs Elaine Bakan and Sarah Bonini for providing a wonderful and blessed retreat experience!

# AMEN INTEREST GROUP ACTIVITIES

#### **Volunteers Welcome to Join College Mentor Program**

College Mentor Program



The Bellarmine AMEN College Mentor Program is a service available to graduating seniors and their families. This service connects graduating seniors with alumni Bellarmine families who have had son(s) or daughter(s) attend the colleges or universities to which they've been accepted.

The college mentors answer questions or provide insights to help students make a final college decision. Please contact <u>Susan Munne</u> if you are interested in being added to the College Mentor Program database. This is a high-quality, low-time commitment service that AMEN provides to current Bellarmine students and their families every Spring. *Please consider participating*.

#### Wine Wednesday's Have Begun!

Wine Wednesday's Group

Wine Wednesdays Are in Full Swing! The next get together will be Wednesday, February 12th, at 5:00pm at Twenty/20 Cheese Bar in Willow Glen.

Wine Wednesdays are the second Wednesday of each month and are an open invitation to all AMEN members and friends. NO RSVP NECESSARY, but it's always nice to know if people are going to show up by sending an email to Betsy. Contact Betsy Noonen with questions at <a href="mailto:betsynoonen2002@yahoo.com">betsynoonen2002@yahoo.com</a>. Cheers!!





### Summer Vegetable & Flower Seed Planting Workshop

Gardening Group

Lets get our hands dirty!! Please join the Gardening Group for a summer vegetable and flower seed-planting workshop. Workshop participants will learn the steps to plant their own seeds and germinate their own seedlings for the coming spring planting.



DATE: Saturday, March 28th, 2020

**TIME: 10am -12pm** 

LOCATION: Teresa Giovanzana's house,

1321 Ridley Way, San Jose

PROVIDED FOR WORKSHOP: 60-cell seed

germination tray, seed germination soil, some seeds, labels,

refreshments

BRING TO WORKSHOP: additional vegetable and

flower seeds to plant and share

**COST: TBD** 

For more information or to sign up for this event please contact Lisa Christensen at: <u>lisa95008@gmail.com</u>

#### **New Gourmet Group Forming!**

Gourmet Group

**Attention all Foodies and Chefs!** AMEN is forming a new Gourmet Group. If you enjoy culinary delights and making new friends, this group is for you! Currently, there are eight members signed up, leaving room for eight more. Anyone interested in joining, please contact Kathy Armistead at: <a href="mailto:kathy.armistead@gmail.com">kathy.armistead@gmail.com</a>

#### **Celebrating Chinese Lunar New Year**

Original Gourmet Group



The Original Gourmet Group launched into 2020 when Linda Chin and co-cooks Mari Donnelly, Terri Chapman and Theresia Binder hosted an early celebration of the Chinese Lunar New Year of the Rat. With a jeweled color lychee sakatini blush (by Mari) in hand, the guests chatted and enjoyed colorfully plated appetizers - pot stickers (by Terri) and shredded Vietnamese chicken salad (by Theresia). In the kitchen, master of a circle of pots, Chef Linda cooked long life noodles, gai lan, steamed mackerel and catfish - which were plated by the quick coordinated moves of the team. Much laughter and smiles ensued, as the guests opened their customized fortunes in lucky red envelopes during the dessert course of Chinese walnut cookies (by Mari) with lychee gelato and tea. It was a fortuitous theme to start off the Gourmet Group's year.



January 25, 2020 is the first day of the Chinese Lunar New Year. Rat is the first animal in the 12 years that form one zodiac cycle. It is believed that persons born in the Year of the Rat - 1948, 1960, 1972, 1984, 1996, 2008, 2020 - are honest, ambitious and clever.

#### First Wednesday of the Month

AMEN Golf Group



Weather permitting the AMEN golf group will meet the first Wednesday of each month.

We are looking forward to adding a weekend date in the future.

Date: Wednesday, Feb. 5, 2020 Location: Pruneridge Golf Course

Time: 10:00 am

Next golf date will be Wednesday, March 4th, 2020
If interested in joining the golf group, please contact Catherine Christofferson

#### Oscar Nominated Parasite

Daytime Movie Group



In January, the Daytime Movie Group met for lunch at the recently opened Meso Modern Mediterranean restaurant at Santana Row. The group had decided to see the movie *Parasite*, which is nominated by the Oscar Academy for Best Picture. At the Golden Globes, Parisite won in the category, Best Foreign Language Film. The next lunch and a movie date is February 10th. Contact Pat Gray (pat@patgrayincolor.com) to be added to the email list.

#### New Year, New Movies

AMEN Evening Movie Group



In January the Evening Movie Group enjoyed a nice dinner together at Luigi's in Campbell. The group then walked around the corner to CineLux Plaza Theatre where they saw the movie, Little Women. Before the movie started, the owner of the theater, who is a fellow Bellarmine alumni parent, came over and personally welcomed the Evening Movie Group to the theatre! It was a lovely evening all around.

Please join us for our next Movie Night on Tuesday, February 11th. (Dinner and movie times/locations TBD.)

If you would like to be added to the Evening Movie Group email list, please contact Amy Tashjian by email at <a href="mailto:amy.tashjian@comcast.net">amy.tashjian@comcast.net</a>, or by phone at (408) 420-3209.